



YSHCC Board Director

Experience, Education & Service

Meredith was born and raised in the Yuba-Sutter area. She began studying psychology at Yuba Community College while still completing her high school diploma. She went on to complete her bachelor's degree in psychology at CSU, Chico and her Masters in Psychology with an emphasis in Marriage Family Therapy, while working full time and attending Chapman University. Meredith has held numerous jobs while obtaining her therapy license, working as a teacher, a family advocate, and a sexual health educator.

Meredith Evans

**BEHAVIOR HEALTH DIRECTOR /
PEACH TREE HEALTH**

Board Related

Accomplishments

Community Program Director for Yuba-Sutter: Conditional Release Program (CONREP)

Health Chair – Yuba County Children's Wellness & Child Abuse Prevention Council

Certified BBS Supervisor for AMFTs and ASWs

National Association of Counties – Achievement Award Winner, PES Collaboration with Rideout

After becoming a licensed therapist, she focused her efforts on transitional aged youth in the criminal justice system in the greater Sacramento area. Meredith's love for the local community led her to concentrating her job efforts back to the Yuba-Sutter area, and she became a Forensic Mental Health Specialist with Sutter-Yuba Behavioral Health. Meredith quickly moved up the ranks to become the department's Program Manager and developed the Forensic Behavioral Health Program. The county structure changed, and Meredith then began overseeing Psychiatric Emergency Services and Forensics for Sutter-Yuba Behavioral Health. Meredith shaped the behavioral health crisis program embedded within Adventist Health +Rideout, which led to many state and national awards.

As her leadership goals advanced, Meredith was hired as the Behavioral Health Director with Peach Tree Health. In 3 short years, Meredith has transformed Behavioral Health for Peach Tree Healthcare and is continuing to grow the program for the 4 counties Peach serves.

Meredith's vision is to promote wellbeing through mental health and substance use programs that aide and improve access to underserved populations.

Bachelor's Degree in Psychology / CSU, Chico
Masters in Psychology with emphasis Marriage Family Therapy/
Chapman University